

**Lamar Consolidated ISD  
School Health Advisory Council (SHAC)**

Agenda – January 10, 2023

- I. Call to Order**
- II. Review Meeting Minutes from November 1, 2022**
- III. Old Business**
  - a. EKG Program (Cody Stephens Program) Update – Nikki Nelson
- IV. New Business**
  - a. Review Recess Policy Board FFA Local – Nikki Nelson
  - b. SHAC Awards Review – Nikki Nelson
  - c. Wellness Plan Update (Board Policy FFA Local) in 22-23 school year – Nikki Nelson
- V. Events & Reminders**
  - a. It's Time Texas Community Challenge - January 9 – March 5, 2023 [Info](#)
  - b. National Healthy Weight Week January 15 – 21, 2023
  - c. Next Meeting – March 21, 2023 | 8:30 am
  - d. Engage on Facebook! [LCISD School Health Advisory Council | Facebook](#)
- VI. Adjournment**