

**Lamar Consolidated ISD**  
**School Health Advisory Council (SHAC)**

Meeting Minutes – March 21, 2023

- I. Call to Order by Evelyn Hicks at 8:36 am**
- II. Review and Accept Meeting Minutes from January 10, 2022**
- III. Old Business**
  - a. EKG Program (Cody Stephens Program) –
    - i. Waiting for next year’s calendar to be approved. Looking tentatively at July 29th during the district’s Back to School Block Party (potential at Traylor Stadium locker room)
    - ii. Melissa Toon - Community Relations (new position - Partners in Education Coordinator) is helping coordinate the block party; Evelyn/Nikki to send Cody Stephens contact to Melissa Toon in the Communications office.
  - b. 2023-2024 SHAC Awards Prep
    - i. Nikki and Coach Gabbord to coordinate Wellness Coordinators (staff members) at each campus to start next year and be main point of contact for SHAC to get information out to staff, students, and parents
    - ii. Melissa Toon, Partners in Education Coordinator, will be on the lookout for SHAC Awards sponsor
- IV. New Business**
  - a. Election of Executive Committee for 2023 – 2024 School Year (slate approved – no opposition)
    - i. Chair – Evelyn Hicks
    - ii. Vice Chair – Fran Benson
    - iii. Secretary – Amy Galvan
  - b. LCISD SHAC Annual Report for 2022 – 2023 School Year (to be sent to committee for review)
    - i. Recap meetings, SHAC activity throughout the year, and action items for next year (including Assessing Wellness Plan and SHAC Awards)
    - ii. Nikki Nelson will provide to the board at the April meeting
  - c. Calendar for 2023 – 2024 School Year
    - i. Executive committee will establish dates once school calendar is released
    - ii. Keep same months Sept, Oct, Nov, Jan, March, but reassess date, time, and location (room no longer available)
    - iii. Executive Committee will meet in Summer 2023 to set calendar
  - d. Nutritional Update
    - i. Post video on social media of coffee cart
    - ii. Field of Greatness Breakfast Challenge – Culver Elementary School won and Toro (Texans Mascot) to visit on March 31<sup>st</sup>
- V. Events & Reminders**
  - a. National Nutrition Month [National Nutrition Month® \(eatright.org\)](https://eatright.org)
  - b. Engage on Facebook! [LCISD School Health Advisory Council | Facebook](#)
- VI. Adjournment at 8:57 am by Evelyn Hicks; 15 on Zoom**