

Lamar Consolidated ISD
School Health Advisory Council (SHAC) Meeting
November 12, 2019 – 8:30-10:30 am

AGENDA

1. Opening Items
 - a. Call to Order Hope Frohbieter, Chair
 - b. Approval of Minutes – April 2, 2019 Laura Saavedra, Secretary
 - c. Introduction of new visitors, new members Brenda Thompson, Vice-Chair

2. Program
 - a. Hidden In Plain Sight & Tobacco Backpack program Lauren Ibekwe & Payal Patani, Fort Bend Community Prevention Coalition

3. Old Business
 - a. LCISD Wellness Policy – Subcommittee Updates Follow ups in November and April Meetings
 - Child Nutrition Dept. (Monica T./Kasandra D.) - Brenda T., Stephanie K.
 - Community Relations Dept./Child Nutrition (Lindsey Sanders) - OPEN
 - Parent Educators/PTOs - OPEN
 - Dept. of Teaching & Learning (Katie Marchena) - Nikki N.
 - Professional Development programs (Jamie Vinseck)- Heather S.
 - Physical Activity Goals - Nikki N.
 - Re: Unstructured Recess Period (Diane Parks) - OPEN
 - Student & Family Wellness (Marsha Beck, Lead Nurse and Trudy Harris) - Heather S.
 - b. LCISD Wellness PLAN development & committee – Nikki Nelson
 - c. Vetting programs process and tools –2019-2020 plan committee formation
 - d. Family and community outreach programs; reaching out to student organizations
 - e. Standing committee meeting date and space – November 19 @ 10:15 in the Athletic Conf. Room
 - f. Working on 2018-2019 SHAC Annual Report to present to the Board
 - g. Website content development plan – In Progress

4. Report from SHAC Coordinator Nikki Nelson, LCISD Athletic Director, SHAC Sponsor

5. Announcements/Informational Items
 - a. Nominating new SHAC Executive Committee members
 - b. 2019-2020 Meetings – 8:30 am – 10:30 am
February 11, 2020 • April 7, 2020

6. Adjourn

Have you followed the SHAC on Facebook? Check us out here: <https://facebook.com/lcisdshac/>

Programs and Meetings Worth Checking Out

Below are some upcoming meetings, conferences and programs that might be of interest. Follow the links for more information or to register to attend:

DATE/TIME	WHAT	LOCATION	DETAILS
Wednesday, November 13, 2019 10:00 am – 11:30 am	Fort Bend Community Prevention Coalition meeting	Fort Bend County Health & Human Services, Rosenberg Annex, 4520 Reading Road, Suite A, Rosenberg TX 77471	Coalition building is a time-tested strategy that promotes coordination and collaboration to ensure efficient use of our community’s resources to create and sustain a reduction in local youth and young adult substance abuse. The goals and objectives of the coalition are achieved by collaborating with the above sector members and changing the environment, social norms and perceptions regarding substance abuse through evidence-based strategies. For more info. or to RSVP, contact ppatani@fortbendcouncil.org
Thursday, November 21, 2019 9:00 am – 11:00 am	Greater Houston Kinesthetic Classroom Collaborative (Action Based Learning) meeting	Houston Marriott Westchase	Ed Pinney President of Action Based Learning and Jean Moize, Founder of Action Based Learning will be the speakers. You will leave with activities you can go back and implement with staff and students the next day. Attendance is FREE but please register here: https://forms.gle/7wVdpCAfwkdo7zKE8

Whole School, Whole Community, Whole Child (WSCC)

<http://www.ascd.org/programs/learning-and-health/wsc-model.aspx>

A collaborative approach to learning and health Establishing healthy behaviors during childhood is easier and more effective than trying to change unhealthy behaviors during adulthood. Schools play a critical role in promoting the health and safety of young people and helping them establish lifelong healthy behavior patterns. Research shows a link between the health outcomes of young people and their academic success. To have the most positive impact on the health outcomes of young people, government agencies, community organizations, schools, and other community members must work together through a collaborative and comprehensive approach. The Whole School, Whole Community, Whole Child (WSCC) model expands on the eight elements of CDC’s coordinated school health (CSH) approach and is combined with the whole child framework. CDC and ASCD developed this expanded model—in collaboration with key leaders from the fields of health, public health, education, and school health—to strengthen a unified and collaborative approach designed to improve learning and health in our nation’s schools.

	<p>The Need for an Expanded Model to School Health</p> <p>The education, public health, and school health sectors have each called for greater alignment, integration, and collaboration between education and health to improve each child’s cognitive, physical, social, and emotional development. Public health and education serve the same children, often in the same settings. The WSCC focuses on the child to align the common goals of both sectors. The expanded model integrates the eight components of a coordinated school health (CSH) program with the tenets of a whole child approach to education.</p>
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