



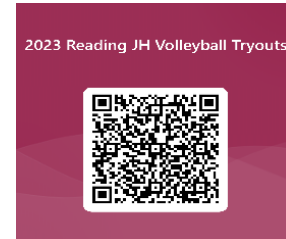
Reading Jr High Volleyball



Important Info for Tryouts during the 1st Week of School

The coaching staff here at Reading Jr High is excited and thrilled to have the opportunity to coach your daughter. We will strive to make this year an enjoyable learning experience. Below is some information that will assist you as you begin your journey into Longhorn Athletics:

- 1) Use your **school issued Microsoft student email** to sign up for **Volleyball Tryouts** with the **QR code**:



- 2) The athlete **MUST** have a **Physical Exam** on file with us and **UIL Online Medical History forms in Rank One** complete to be able to tryout. You may email your physical to jgarcia-rameau@lcisd.org. The detailed info can be found on the website under Reading JH Athletics, Reading JH and LCISD Athletics.
- 3) **Tryouts will begin Wednesday, August 16.** Athletes will need to attend **ALL 3 days, Aug 16-18**, it is NOT a 1 day only tryout. We will use the first 2 days of school to check physicals, go over protocols/procedures and make sure we are good to go for tryouts.

7th grade tryouts – 7:15-8:45am **8th grade tryouts** – 4:40-5:45pm.

- 4) **Athletes** will need to wear their ARJH gym clothes (gray t-shirt & maroon shorts), knee pads if you wish, court shoes, outdoor running shoes and her own water bottle with her name on it. You may wear Polly Ryon PE clothes since you many not yet have had an opportunity to purchase Reading ones (but they are the same). **NO RENTALS**, come prepared! Knee pads will be issued to anyone that needs them once they have made a team if you daughter does not have her own.
- 5) **VB Tryout Remind: 8th grade VB** text @2023rjh8vb to 81010 **7th grade VB** text @2023rjh7vb to 81010
The Volleyball Schedule and important information has been shared via Remind and can be found on the Reading JH School website under Volleyball.
- 6) **Week 2 after tryouts and teams are made:**
7th grade practice will be in the morning 8:15-9:45am
8th grade practice will be after school 3:40-5:30pm

Please contact Coach Garcia-Rameau with any questions or concerns at jgarcia-rameau@lcisd.org

