

Counselor Me Connection

Green Like An Oak

https://www.lcisd.org/campuses/roberts/home

The Character Trait for November/December is Responsibility

STUCO meeting dates:

December: (Diaper Drive)

3rd

January: (Great Kindness Challenge)

7th

February:

4th

Special Event: Valentine's Day Dance: 11th

March:

4th

April:

1st

May: (Teacher Appreciation)

6th

Summer School Eligibility:

Sixth graders must have a final average of 70 or higher as a final average in each course to avoid Summer School.

Care Closet:

Our donation closet needs:

- composition notebooks
- map pencils
- pencil sharpeners

Send all items to the front office

Diaper Drive:

STUCO is hosting a diaper drive for November and December All diapers will be donated to Common Threads.

RESPONSIBLE



- doing what you are supposed to do
- . doing your best
- . making good choices



All About Responsibility

Parents,

Hello! Here at school, we have been very busy learning about responsibility- what it means and how we can be responsible students and citizens! Learning happens best when it is done both at school and at home. Below are many ways that you can help your child continue to learn about the theme of responsibility through reading about it, talking about it, and practicing it! We have really enjoyed exploring this topic at school, and I hope your family will enjoy it just as much!

Read About It!

Here are some books to help you learn more about responsibility:

- •I Just Forgot by Mercer Mayer
- But It's Not My Fault by Julia Cook
 - The Paperboy by Dav Pilkey
 - The Pigsty by Mark Teague

Practice It!

Help your child practice responsibility by giving him/her special jobs! Let your child pick a special chore each week that they can be responsible for. Let them carry the groceries, wipe the counters or feed the pet!

Talk About It!

Here are some discussion points to help you talk about responsibility with your child:

- •What do you think responsibility means and why is it important?
 - •Tell me about a time when it was hard to be responsible.
- •What is a way you would like to have more responsibility at home?
 - What are your responsibilities in the classroom and in our community?

OCounselorChelsey



HELPING MOMS & THEIR LITTLE ONES
WITH WHAT THEY NEED THE MOST

COLLECTION DATES:

Nov 1st- Dec 15th

ALL DONATIONS
WILL BE GIVEN TO
Common Threads

DROP-OFF LOCATION:

Roberts Middle School 9230 Charger Way Fulshear, Texas 77441 Each student will receive 2 tickets for each package of diapers donated.

Tickets will be drawn for prizes.

Things all 6th graders should know...



My Full Name	to Know to Be Saf
My Parents' Names	20120111
Mom's Phone Number	
Dad's Phone Number	
Street Address	7636371
City / State	
Emergency Friend	
Emergency Friend's P	hone Number
Allergies	71111111



10 Apps Teens Are Using that Parents Need to Know



Calculator% This app looks like a calculator but functions like a secret photo vault.



Omegle

A free online chat website that promotes chatting anonymously to strangers.



Snapchat

This is the way most teens communicate with each other. Sending messages and snaps that disappear within seconds and stories go away after 24 hours. Teens live for a "streak" of communication.



Whisper

An anonymous app where the creators promote sharing secrets and meeting new people.



Ask.fm

Ask an anonymous question and get an answer. This app has been linked to the most severe forms of cyberbullying.



For more info: appsolutelyapril.com

Please note: Due to the nature of the Internet and App Store, web and app resources change often. Any outdated material will be corrected and updated. This graphic was created by April Requard.



Hot or Not Strangers rate your profile. Goal is to lead to a hook up.



Burn Book Post anonymous rumors about people through audio messages, texts, and photos.



Wishbone An app that allows users to compare kids against each other and rate them on a scale.



Kik

Messaging app. Kik has built in apps and web content that would be filtered on home computer.



Instagram Many kids are now creating fake accounts "finsta" to hide content from parents. Kids also like to text using Instagram because most kids know parents won't check messages.

TikTok



Popular apps for our 6th Graders

Purpose: TikTok is an app for creating and sharing short videos. Users can create short music videos of 3 to 15 seconds and short looping videos of 3 to 60 seconds. It encourages users to express themselves creatively through video. Special effects can be added to the videos.

Why Parents Should Be Worried: Thirteen is the minimum age, but there isn't a real way to validate age so anyone can download the app. Also, parents express concern that there is a lot of inappropriate language in the videos so it's not appropriate for young children. Lastly, by default, all accounts are set to public so strangers can contact your children.

Tellonym



Purpose: This is an anonymous messenger app. It calls itself "the most honest place on the internet." This app is extremely popular in middle schools and high schools and it allows kids to ask and answer questions anonymously.

Why Parents Should Worry: It is a regular occurrence to see cyber bullying, violent threats, and sexual content. It also offers unmonitored access to the internet. The age restrictions are incomision by Ungriown Authorical Identical Englishment in their late teens.





Purpose: Snapchat is an app that allows users to send photos and videos that disappear after they're received. It's rated ages 12+. The filters and special effects allow users to alter pictures.

Why Parents Should Worry: Some kids are using the app to send racy pics because they believe the images can't be saved and circulated. But it turns out that Snapchat pics don't completely disappear from a device, and users can take a screenshot before an image vanishes in the app. And while recent studies revealed that "sexting" (sending sexual messages and images, usually via text message) is not as popular as parents had feared, "disappearing photo" apps like Snapchat might embolden kids to send more explicit photos and texts than they would have before through traditional texting. Check out connectsafely.org's "A Parents' Guide to Snapchat."

Instagram





Purpose: This hugely popular photo-sharing site is owned by Facebook, so you may be more familiar with it than with other photo-sharing apps. Users can add cool filters or create collages of their photos and share them across Facebook and other social media platforms.

Why Parents Should Worry: The app is rated 13+ and may be slightly tamer than Tumblr, but users can still find mature or inappropriate content and comments throughout the app (there is a way to flag inappropriate content for review). "Trolls" — or people making vicious, usually anonymous comments — are common. A user can change the settings to block their location or certain followers, but many users are casual about their settings, connecting with people they don't know well or at all. Check out connectsafely.org's "A Parents' Guide to Instagram."

How to Talk So Kids Will Listen and Listen So Kids Will Talk

A QUICK GUIDE FOR BUSY PARENTS

Chapter 1: HELP YOUR CHILD DEAL WITH THEIR FEELINGS

- Listen with full attention
- Acknowledge with a word
- Give the feeling a name
- Give a child his wishes in fantasy

Chapter 3: ALTERNATIVES TO PUNISHMENT

- 1. Point out a way to be helpful
- 2. Express your feelings strongly
- State your expectations
- Show the child how to make amends
- Give the child a choice
- Take action
- Allow the child to experience the consequences of the misbehaviour
- Problem-solve

Chapter 5: PRAISE AND SELF-ESTEEM

- Describe what you see. e.g. "I see a clean floor, a smooth bed, and books neatly lined up on the shelf."
- Describe what you feel. e.g. "It's a pleasure to walk into this room!"
- 3. Sum up the child's praiseworthy behaviour with a word. e.g. "You sorted out your pencils, crayons and pens, and put them in separate boxes. That's what I call organisation!"

Chapter 2: ENGAGING COOPERATION

- Describe, eg, "The milk is on the table"
- Give information. eg, "Milk goes bad when it is out of the fridge"
- Say it with a word, eg, "Shoes."
- 4. Talk about your feelings. "I don't like having my hair pulled. It hurts. We could have a cuddle instead?"
 5. Write a note. e.g., Put a post-it note on the oven saying "Hot!"
 when it is on. You can point to the

Chapter 4: ENCOURAGING AUTONOMY

Let children make choices

sign and say, "It says hot."

- Show respect for a child's struggle
- Don't ask too many questions
- Don't rush to answer questions
- Encourage children to use sources outside the home
- Don't take away hope

Chapter 6: FREEING CHILDREN FROM PLAYING ROLES

- Look for opportunities to show them a new picture of him/herself
- Put children in situations where they can see themselves differently
- Let children overhear you say some-thing positive about them
- Model the behaviour you'd like to see
- Be a storehouse for your child's special moments
- State your feelings and/or your expectations.

Responsibility Inventory

Date:
Date.

- 1. Do you have a specific time set aside each night to do your homework? When? Is there perhaps a better time?
- 2. Do you have a space such as a desk set aside to do your homework? If not, what can you use instead? Is this place organized? Do you have all the materials that you need to work (pens, pencils, erasers, paper clips, etc.)?
- 3. Do you have a school calendar to keep track of your assignments? If not, what can you use instead?
- 4. Do you have a 3-ring binder or similar organizer? If not, what can you use instead?
- 5. Is your locker clean and well organized? What could you do to organize it better?
- Do you set personal goals when you work? (I'll work until ten, watch ER and then finish the first essay for English).
- 7. What do you do during your study halls? If you don't end up accomplishing much, what is hindering you? Could you compromise somehow?
- 8. Do you usually save most of your work for the night before it's due? If you do, what steps could you take to avoid doing it in the future?
- 9. If you ride the bus, what do you do while you are riding? Is there any way of being productive on the bus?
- 10. Are some nights better for doing schoolwork than others? If so, which ones? Can you balance the amount of work you do on good nights with the amount you do on bad nights?
- 11. Where are the fewest distractions in your house? Is there any way of utilizing that area to do your work?
- 12. Are some of your friends a bad influence on your work habits? How about your family members? What could you do to let them know?



TAKE RESPONSIBILITY



CHORES BY

ages

Empty Indoor Trash Cans

Empty Inside Recycling Bins

Vacuum Own Bedroom

Laundry: Fold & Put Away

Unload Dishwasher

Set & Clear Table

Dust Baseboards

Pet Responsibilities: Food/Water/

Exercise/Clean Up

Dust Furniture In Family Areas As Well As Bedroom

Clean Bathroom: Mirrors, Shower/Tub, Disinfect Toilet

Wet Mop Tiled Areas

Babysit Children In Family

Prepare A Balanced Simple Meal

Move Furniture & Clean Underneath

Move Refrigerator To Clean Underneath

Use Edger On Lawn

Trim Hedges

Lay Mulch/Plant Grass

Manage Personal Finances

ages

Sweep With Broom & Dustpan

Hand Wash Dishes

Load/Unload Dishwasher

Clean Bathroom: Wipe Out Sink, Countertops, Fixtures

Completely Care For Own Laundry, From Washing To Put Away

Trash Can/Recycling To Curb For Pick Up

Rake Leaves, Pull Weeds

Mow Grass

Help With Errands

Grocery Shop

Meal Plan

Make Appointments With Doctors, Dentists, Haircuts, Etc.

Dust Ceiling Fans

Dust Air Vents

Wash Windows

Pressure Wash Driveway/Sidewalk

Help With General Household Maintenance: Painting, Smoke Alarm Batteries, Light Bulb Replacements, Air Filters

Balance Bank Account

Part Time Job Outside Of Home



TAKE OUT GARBAGE DUST BEDROOM

DUST & VACUUM

EMPTY DISHWASHER

PACK SCHOOL LUNCHES FOLDED CLOTHES

CLEAN

WATER PLANTS

MOW GRASS SORT LAUNDRY BY COLOR