

# Menu Calendar Report - November, 2023

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Site: ALL  
 Meal Type: Lunch  
 Site Group: Elementary  
 Menu Line: K-5 Lunch

Mon	Tue	Wed	Thu	Fri
<b>30 Oct</b>	<b>31 Oct</b>	<b>1 Nov</b>	<b>2 Nov</b>	<b>3 Nov</b>
CHEESE PIZZA (34.00 g) TURKEY PEPPERONI PIZZA (35.00 g) CORN (15.75 g) GREEN BEANS (4.00 g) MARINARA CUP (7.00 g) DICED PEAR CUPS (19.00 g) RED DELICIOUS APPLES (14.06 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	GRILLED CHEESE SANDWICH (31.00 g) STEAK FINGERS WITH ROUND (45.90 g) MASHED POTATO (17.00 g) ROASTED ZUCCHINI (2.35 g) SONOMA BLEND VEGETABLES (6.00 g) GRANNY SMITH APPLES (14.06 g) STRAWBERRY APPLESAUCE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BROWN GRAVY (2.21 g) KETCHUP (6.00 g) LITE RANCH DRESSING (1.00 g)	BAKED MOZZARELLA STICKS (33.00 g) TEXAS LOCAL POPCORN CHICKEN WITH MACARONI AND CHEESE (45.00 g) BAKED BABY POTATOES (17.00 g) CUCUMBER AND CHERRY TOMATOES (5.31 g) MARINARA CUP (7.00 g) GRANNY SMITH APPLES (14.06 g) MANDARIN ORANGES (17.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g) LITE RANCH DRESSING (1.00 g)	CHEESE NACHOS (32.40 g) CHICKEN CORNDOG (30.00 g) CHARRO BEAN (26.39 g) SALSA DIPPING CUP (5.00 g) STEAMED BROCCOLI (7.20 g) TACO SIDE SALAD (4.03 g) PINEAPPLE TIDBITS (11.33 g) WATERMELON APPLESAUCE (17.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g) MUSTARD (0.30 g)	CHICKEN AND EGGOJI WAFFLES (46.00 g) EGGS AND EGGOJI WAFFLES (31.27 g) 100% VEGETABLE JUICE (15.00 g) BABY CARROTS (8.00 g) POTATO SMILES (25.00 g) FRESH STRAWBERRIES (5.08 g) ORANGE GUAVA SLUSH (23.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g) LITE RANCH DRESSING (1.00 g) SYRUP (30.00 g)
<b>6 Nov</b>	<b>7 Nov</b>	<b>8 Nov</b>	<b>9 Nov</b>	<b>10 Nov</b>
CHEESE STUFFED BREADSTICKS (34.00 g) TANGERINE CHICKEN WITH NOODLES AND FORTUNE COOKIE (58.31 g) CORN (15.75 g) MARINARA CUP (7.00 g) SONOMA BLEND VEGETABLES (6.00 g) DICED PEAR CUPS (19.00 g) RED DELICIOUS APPLES (14.06 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	CHICKEN CHUNK WITH CHOCOLATE CHIP ROUND (45.00 g) VEGETERIAN NUGGET AND WAFFLES (54.00 g) 100% VEGETABLE JUICE (15.00 g) GREEN BEANS (4.00 g) ROASTED ZUCCHINI (2.35 g) GRANNY SMITH APPLES (14.06 g) WATERMELON APPLESAUCE (17.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ SAUCE (10.00 g) KETCHUP (6.00 g) SYRUP (30.00 g)	ALFREDO PASTA (77.21 g) BAKED CHICKEN WITH CORNBREAD (33.00 g) CUCUMBER AND CHERRY TOMATOES (5.31 g) MASHED POTATO (17.00 g) STEAMED BROCCOLI (7.20 g) GRANNY SMITH APPLES (14.06 g) MANDARIN ORANGES (17.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ SAUCE (10.00 g) BROWN GRAVY (2.21 g) KETCHUP (6.00 g) LITE RANCH DRESSING (1.00 g)	CHICKEN CHUNK AND CINNAMON ROLL (70.00 g) GRILLED CHEESE SANDWICH (31.00 g) REFRIED BEANS (8.17 g) STEAMED BROCCOLI (7.20 g) PINEAPPLE TIDBITS (11.33 g) WATERMELON APPLESAUCE (17.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g)	ALL BEEF CHEESEBURGER (29.80 g) ALL BEEF HAMBURGER (28.80 g) MOZZARELLA BITES (28.00 g) BABY CARROTS (8.00 g) BURGER SIDE SALAD (3.43 g) MARINARA CUP (7.00 g) POTATO SMILES (25.00 g) FRESH STRAWBERRIES (5.08 g) STRAWBERRY APPLESAUCE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g) LITE RANCH DRESSING (1.00 g) MAYONNAISE (1.00 g) MUSTARD (0.30 g)
<b>13 Nov</b>	<b>14 Nov</b>	<b>15 Nov</b>	<b>16 Nov</b>	<b>17 Nov</b>
CHEESE PIZZA (34.00 g) TURKEY PEPPERONI PIZZA (35.00 g)	CINNAMON ROLL AND CHICKEN TENDER (68.00 g)	BAKED MOZZARELLA STICKS (33.00 g)	BEEF CHEESY NACHOS (35.76 g) GRILLED CHEESE SANDWICH (31.00 g)	

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CORN (15.75 g) GREEN BEANS (4.00 g) MARINARA CUP (7.00 g) DICED PEAR CUPS (19.00 g) RED DELICIOUS APPLES (14.06 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	MACARONI AND CHEESE AND CORNBREAD (57.74 g) BAKED BABY POTATOES (17.00 g) ROASTED ZUCCHINI (2.35 g) SONOMA BLEND VEGETABLES (6.00 g) GRANNY SMITH APPLES (14.06 g) WATERMELON APPLESAUCE (17.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ SAUCE (10.00 g) KETCHUP (6.00 g)	TEXAS LOCAL POPCORN CHICKEN AND GARLIC BREADSTICK (42.00 g) CUCUMBER AND CHERRY TOMATOES (5.31 g) MARINARA CUP (7.00 g) MASHED POTATO (17.00 g) GRANNY SMITH APPLES (14.06 g) MANDARIN ORANGES (17.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ SAUCE (10.00 g) BROWN GRAVY (2.21 g) KETCHUP (6.00 g) LITE RANCH DRESSING (1.00 g)	CHARRO BEAN (26.39 g) SALSA DIPPING CUP (5.00 g) STEAMED BROCCOLI (7.20 g) TACO SIDE SALAD (4.03 g) PINEAPPLE TIDBITS (11.33 g) STRAWBERRY APPLESAUCE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) SOUR CREAM (1.00 g)	
<b>20 Nov</b>	<b>21 Nov</b>	<b>22 Nov</b>	<b>23 Nov</b>	<b>24 Nov</b>
<b>27 Nov</b>	<b>28 Nov</b>	<b>29 Nov</b>	<b>30 Nov</b>	<b>1 Dec</b>
CHEESE PIZZA (34.00 g) TURKEY PEPPERONI PIZZA (35.00 g) CORN (15.75 g) GREEN BEANS (4.00 g) MARINARA CUP (7.00 g) DICED PEAR CUPS (19.00 g) RED DELICIOUS APPLES (14.06 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	GRILLED CHEESE SANDWICH (31.00 g) STEAK FINGERS WITH ROUND (45.90 g) MASHED POTATO (17.00 g) ROASTED ZUCCHINI (2.35 g) SONOMA BLEND VEGETABLES (6.00 g) GRANNY SMITH APPLES (14.06 g) STRAWBERRY APPLESAUCE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BROWN GRAVY (2.21 g) KETCHUP (6.00 g) LITE RANCH DRESSING (1.00 g)	BAKED MOZZARELLA STICKS (33.00 g) TEXAS LOCAL POPCORN CHICKEN WITH MACARONI AND CHEESE (45.00 g) BAKED BABY POTATOES (17.00 g) CUCUMBER AND CHERRY TOMATOES (5.31 g) MARINARA CUP (7.00 g) GRANNY SMITH APPLES (14.06 g) MANDARIN ORANGES (17.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g) LITE RANCH DRESSING (1.00 g)	CHEESE NACHOS (32.40 g) CHICKEN CORNDOG (30.00 g) CHARRO BEAN (26.39 g) SALSA DIPPING CUP (5.00 g) STEAMED BROCCOLI (7.20 g) TACO SIDE SALAD (4.03 g) PINEAPPLE TIDBITS (11.33 g) WATERMELON APPLESAUCE (17.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g) MUSTARD (0.30 g)	CHICKEN AND EGGOJI WAFFLES (46.00 g) EGGS AND EGGOJI WAFFLES (31.27 g) 100% VEGETABLE JUICE (15.00 g) BABY CARROTS (8.00 g) POTATO SMILES (25.00 g) FRESH STRAWBERRIES (5.08 g) ORANGE GUAVA SLUSH (23.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g) LITE RANCH DRESSING (1.00 g) SYRUP (30.00 g)

Carbohydrate values in grams follow the Menu Item name