

Menu Calendar Report - November, 2023

Generated on: 11/1/2023 8:32:12 AM by Drew Jones

Site: ALL
 Meal Type: Breakfast
 Site Group: High School
 Menu Line: 9-12 Breakfast

Mon	Tue	Wed	Thu	Fri
30 Oct	31 Oct	1 Nov	2 Nov	3 Nov
CHICKEN BISCUIT (33.00 g) CHOCOLATE CHIP MUFFIN (46.50 g) CINNAMON TOAST CRUNCH CEREAL (44.00 g) COCOA PUFFS CEREAL (47.00 g) LUCKY CHARM CEREAL (46.00 g) MINI CONFETTI PANCAKES (36.00 g) STRAWBERRY PASTRY (75.00 g) ORANGE JUICE (13.00 g) RED DELICIOUS APPLES (14.06 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) COFFEE (1.00 g) GRAPE JELLY (9.00 g) SYRUP (30.00 g)	BANANA MUFFIN (47.00 g) CINNAMON TOAST CRUNCH CEREAL (44.00 g) COCOA PUFFS CEREAL (47.00 g) GLAZED CINNAMON ROLL (53.00 g) LUCKY CHARM CEREAL (46.00 g) STRAWBERRY PASTRY (75.00 g) YOGURT AND GRANOLA (34.00 g) JUICE, APPLE (14.00 g) ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) COFFEE (1.00 g)	CHICKEN, BEEF AND CHEESE KOLACHE (17.00 g) CINNAMON TOAST CRUNCH CEREAL (44.00 g) COCOA PUFFS CEREAL (47.00 g) LUCKY CHARM CEREAL (46.00 g) MINI FRENCH TOAST (37.00 g) STRAWBERRY PASTRY (75.00 g) VANILLA GLAZED DONUT (47.00 g) BANANAS (31.00 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) COFFEE (1.00 g) SYRUP (30.00 g)	CINNAMON TOAST CRUNCH CEREAL (44.00 g) CINNAMON WAFFLE (37.00 g) COCOA PUFFS CEREAL (47.00 g) LUCKY CHARM CEREAL (46.00 g) STRAWBERRY PASTRY (75.00 g) STUFFED HASHBROWN (24.00 g) WHOLE GRAIN POWDERED DONUT (49.00 g) JUICE, APPLE (14.00 g) ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) COFFEE (1.00 g)	CINNAMON TOAST CRUNCH CEREAL (44.00 g) COCOA PUFFS CEREAL (47.00 g) FRENCH TOAST STICKS (37.00 g) LUCKY CHARM CEREAL (46.00 g) STRAWBERRY PASTRY (75.00 g) WHOLE GRAIN POWDERED DONUT (49.00 g) YOGURT AND GRANOLA (34.00 g) BANANAS (31.00 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) COFFEE (1.00 g) SYRUP (30.00 g)
6 Nov	7 Nov	8 Nov	9 Nov	10 Nov
CHICKEN, BEEF AND CHEESE KOLACHE (17.00 g) CINNAMON TOAST CRUNCH CEREAL (44.00 g) COCOA PUFFS CEREAL (47.00 g) FROSTED FLAKES CEREAL (44.00 g) LUCKY CHARM CEREAL (46.00 g) STRAWBERRY PASTRY (75.00 g) TURKEY AND CHEESE BREAKFAST PIZZA (31.00 g) JUICE, APPLE (14.00 g) ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) COFFEE (1.00 g)	CHOCOLATE CHIP MUFFIN (46.50 g) CINNAMON TOAST CRUNCH CEREAL (44.00 g) COCOA PUFFS CEREAL (47.00 g) FRENCH TOAST STICKS (37.00 g) GLAZED CINNAMON ROLL (53.00 g) LUCKY CHARM CEREAL (46.00 g) STRAWBERRY PASTRY (75.00 g) GRANNY SMITH APPLES (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) COFFEE (1.00 g) SYRUP (30.00 g)	BANANA MUFFIN (47.00 g) CHEESE, SAUSAGE AND EGG BREAKFAST PIZZA (CONTAINS PORK) (28.00 g) CINNAMON TOAST CRUNCH CEREAL (44.00 g) COCOA PUFFS CEREAL (47.00 g) FROSTED FLAKES CEREAL (44.00 g) LUCKY CHARM CEREAL (46.00 g) STRAWBERRY PASTRY (75.00 g) BANANAS (31.00 g) JUICE, APPLE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) COFFEE (1.00 g)	CINNAMON TOAST CRUNCH CEREAL (44.00 g) COCOA PUFFS CEREAL (47.00 g) EGG AND CHEESE BISCUIT (28.00 g) LUCKY CHARM CEREAL (46.00 g) STRAWBERRY PASTRY (75.00 g) WHOLE GRAIN BREAKFAST BUN (40.00 g) WHOLE GRAIN POWDERED DONUT (49.00 g) GRANNY SMITH APPLES (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) COFFEE (1.00 g) GRAPE JELLY (9.00 g)	CINNAMON TOAST CRUNCH CEREAL (44.00 g) COCOA PUFFS CEREAL (47.00 g) FROSTED FLAKES CEREAL (44.00 g) GLAZED WHOLE GRAIN DONUT HOLES (39.00 g) LUCKY CHARM CEREAL (46.00 g) MINI FRENCH TOAST (37.00 g) TURKEY AND CHEESE BREAKFAST PIZZA (31.00 g) BANANAS (31.00 g) JUICE, APPLE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) COFFEE (1.00 g)
13 Nov	14 Nov	15 Nov	16 Nov	17 Nov
BANANA MUFFIN (47.00 g) CINNAMON TOAST CRUNCH CEREAL (44.00 g)	CINNAMON TOAST CRUNCH CEREAL (44.00 g)	CHICKEN BISCUIT (33.00 g)	CHICKEN, BEEF AND CHEESE KOLACHE (17.00 g)	CHOCOLATE CHIP MUFFIN (46.50 g)

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COCOA PUFFS CEREAL (47.00 g)	CINNAMON WAFFLE (37.00 g)	CINNAMON TOAST CRUNCH CEREAL (44.00 g)	CINNAMON TOAST CRUNCH CEREAL (44.00 g)	CINNAMON TOAST CRUNCH CEREAL (44.00 g)
FRENCH TOAST STICKS (37.00 g)	COCOA PUFFS CEREAL (47.00 g)	COCOA PUFFS CEREAL (47.00 g)	COCOA PUFFS CEREAL (47.00 g)	COCOA PUFFS CEREAL (47.00 g)
LUCKY CHARM CEREAL (46.00 g)	FROSTED FLAKES CEREAL (44.00 g)	LUCKY CHARM CEREAL (46.00 g)	FROSTED FLAKES CEREAL (44.00 g)	FRENCH TOAST STICKS (37.00 g)
MINI CONFETTI PANCAKES (36.00 g)	GLAZED CINNAMON ROLL (53.00 g)	STRAWBERRY PASTRY (75.00 g)	LUCKY CHARM CEREAL (46.00 g)	LUCKY CHARM CEREAL (46.00 g)
STRAWBERRY PASTRY (75.00 g)	LUCKY CHARM CEREAL (46.00 g)	TURKEY AND CHEESE BREAKFAST PIZZA (31.00 g)	STRAWBERRY PASTRY (75.00 g)	STRAWBERRY PASTRY (75.00 g)
GRANNY SMITH APPLES (14.06 g)	STRAWBERRY PASTRY (75.00 g)	WHOLE GRAIN POWDERED DONUT (49.00 g)	WHOLE GRAIN BREAKFAST BUN (40.00 g)	WHOLE GRAIN POWDERED DONUT (49.00 g)
ORANGE JUICE (13.00 g)	JUICE, APPLE (14.00 g)	BANANAS (31.00 g)	JUICE, APPLE (14.00 g)	BANANAS (31.00 g)
TEXAS LOCAL 1% WHITE MILK (12.00 g)	ORANGE (19.00 g)	ORANGE JUICE (13.00 g)	ORANGE (19.00 g)	ORANGE JUICE (13.00 g)
TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	TEXAS LOCAL 1% WHITE MILK (12.00 g)	TEXAS LOCAL 1% WHITE MILK (12.00 g)	TEXAS LOCAL 1% WHITE MILK (12.00 g)	TEXAS LOCAL 1% WHITE MILK (12.00 g)
COFFEE (1.00 g)	TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)
SYRUP (30.00 g)	COFFEE (1.00 g)	COFFEE (1.00 g)	COFFEE (1.00 g)	COFFEE (1.00 g)
		GRAPE JELLY (9.00 g)		SYRUP (30.00 g)
	20 Nov	21 Nov	22 Nov	23 Nov
	27 Nov	28 Nov	29 Nov	30 Nov
CHICKEN BISCUIT (33.00 g)	BANANA MUFFIN (47.00 g)	CHICKEN, BEEF AND CHEESE KOLACHE (17.00 g)	CINNAMON TOAST CRUNCH CEREAL (44.00 g)	CINNAMON TOAST CRUNCH CEREAL (44.00 g)
CHOCOLATE CHIP MUFFIN (46.50 g)	CINNAMON TOAST CRUNCH CEREAL (44.00 g)	CINNAMON TOAST CRUNCH CEREAL (44.00 g)	CINNAMON WAFFLE (37.00 g)	COCOA PUFFS CEREAL (47.00 g)
CINNAMON TOAST CRUNCH CEREAL (44.00 g)	COCOA PUFFS CEREAL (47.00 g)	CINNAMON TOAST CRUNCH CEREAL (44.00 g)	COCOA PUFFS CEREAL (47.00 g)	FRENCH TOAST STICKS (37.00 g)
COCOA PUFFS CEREAL (47.00 g)	GLAZED CINNAMON ROLL (53.00 g)	COCOA PUFFS CEREAL (47.00 g)	LUCKY CHARM CEREAL (46.00 g)	LUCKY CHARM CEREAL (46.00 g)
LUCKY CHARM CEREAL (46.00 g)	LUCKY CHARM CEREAL (46.00 g)	LUCKY CHARM CEREAL (46.00 g)	STRAWBERRY PASTRY (75.00 g)	STRAWBERRY PASTRY (75.00 g)
MINI CONFETTI PANCAKES (36.00 g)	STRAWBERRY PASTRY (75.00 g)	MINI FRENCH TOAST (37.00 g)	STUFFED HASHBROWN (24.00 g)	WHOLE GRAIN POWDERED DONUT (49.00 g)
STRAWBERRY PASTRY (75.00 g)	YOGURT AND GRANOLA (34.00 g)	STRAWBERRY PASTRY (75.00 g)	WHOLE GRAIN POWDERED DONUT (49.00 g)	YOGURT AND GRANOLA (34.00 g)
ORANGE JUICE (13.00 g)	JUICE, APPLE (14.00 g)	VANILLA GLAZED DONUT (47.00 g)	JUICE, APPLE (14.00 g)	BANANAS (31.00 g)
RED DELICIOUS APPLES (14.06 g)	ORANGE (19.00 g)	BANANAS (31.00 g)	ORANGE (19.00 g)	ORANGE JUICE (13.00 g)
TEXAS LOCAL 1% WHITE MILK (12.00 g)	TEXAS LOCAL 1% WHITE MILK (12.00 g)	ORANGE JUICE (13.00 g)	TEXAS LOCAL 1% WHITE MILK (12.00 g)	TEXAS LOCAL 1% WHITE MILK (12.00 g)
TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	TEXAS LOCAL 1% WHITE MILK (12.00 g)	TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)
COFFEE (1.00 g)	COFFEE (1.00 g)	COFFEE (1.00 g)	COFFEE (1.00 g)	COFFEE (1.00 g)
GRAPE JELLY (9.00 g)		SYRUP (30.00 g)		SYRUP (30.00 g)
SYRUP (30.00 g)				

Carbohydrate values in grams follow the Menu Item name